

Letter of Intent/Commitment to Play

The Athletic Department of Contra Costa Christian High School strives for excellence on all our teams. In order to be the best that we can be, we must hold each other accountable. This letter of Intent/Commitment to Play is a great way to get a good start to our next season of sport. This agreement gives the athlete an opportunity to set goals in order to prepare for the upcoming season. Teammates and coaches will keep everyone accountable throughout the season to the goals set by each athlete.

Individual Commitments: Please list 5 things that you will commit yourself to doing before and throughout the season in order to perform at your maximum potential.

1. _____
2. _____
3. _____
4. _____
5. _____

To the Parent: I am fully aware of the commitment that my child is making in regards to the team. I understand that it is imperative that my child fulfill this commitment (as described in the Student-Athlete/Parent Contract), as it will have an effect on the entire team if he/she does not fulfill the commitment. I also understand that there are commitments on my part to help out with the team.

Parent Signature

Date

To the Athlete: I understand that by signing this agreement that I am committing to give 100% of my effort to fulfilling the expectations of the team. I also understand that it is my responsibility to keep myself and my teammates accountable to the goals we have set for ourselves.

Athlete Name & Grade

Athlete Signature

Sport(s)

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